



**INDIA TOUR ITINERARY**  
**Option One:**  
**10-day tour of The Golden Triangle**  
**January 5 – 15, 2019**

Saturday, January 5<sup>th</sup>: Morning arrival in Delhi, go to hotel, lunch, rest and recuperate, optional personal shopping, optional evening yoga class, collective dinner for those that are awake!

Sunday, January 6<sup>th</sup>: Yoga, breakfast, orientation session. Visit the Lotus Temple (Bahai Temple House of Worship), lunch nearby. Visit the Akshardham temple, including a boat tour, film and the evening light and sound show. Dinner on site. Back to the hotel.

Monday, January 7<sup>th</sup>: Leave for Jaipur. Picnic lunch on route. Meet our local guide Debbie Winzar. Textile show room/optional tailor visit. Jewellery and gem showroom. Dinner. Optional evening activity: Visiting bazaars and other options.

Tuesday January 8<sup>th</sup>: Amber Fort, lunch, followed by Jaipur blue pottery tour and visiting Jantar Mantar. Dinner, followed by Bollywood at the Art Deco Cinema.

Wednesday, January 9<sup>th</sup>: Block print, dyeing and embroidery workshops. Optional alternative activity for those so inclined. Lunch at a local children's home. Brief monument visit, pick up clothes and jewellery in the afternoon. Dinner. Optional evening activity.

Thursday, January 10<sup>th</sup>: Leave for Bharatpur. Lunch on route. Check in to the hotel, optional swim for those who can handle the cold! Outdoor hike and dinner. Spend the night in Bharatpur.

Friday, January 11<sup>th</sup>. Dawn viewing, Bharatpur bird sanctuary. Breakfast at the hotel. Drive to Fatehpur Sikri. Lunch on route. Tour of the old Fatehpur Sikri. Staying there overnight.

Saturday, January 12<sup>th</sup>: Visit the Taj Mahal. Picnic lunch at the Taj. Afternoon: Agra Fort. Stay the night in Agra.

Sunday, January 13<sup>th</sup>: Visit the city of Mathura, birthplace of Krsna and known for its pilgrim spots, temples and beautiful architecture. Eat lunch there. Stop by the holy city of Vrndavan for a visit and some afternoon tea. Push on to Delhi by evening.

Monday the 14<sup>th</sup>: Visit old Delhi, monuments, spice bazaar, India Gate and Qutub Minar. Dinner at a special restaurant.

January 15<sup>th</sup>: Breakfast at hotel, leaving for the airport. Group one returns home. Group two: Leave for West Bengal.



**INDIA TOUR ITINERARY**  
**Option Two:**  
**17-day tour of The Golden Triangle and Cultural hotspots of West Bengal**  
**January 5 – 22, 2019**

Day 1 – 10, as above.

January 15<sup>th</sup> Fly from Delhi to Ranchi; afternoon train to Ananda Nagar rural self-development project. Staying on the farm.

January 16<sup>th</sup>: Visiting central Ananda Nagar, the charity hospital and other projects. Lunch. Visiting the Boys Home. Chance to ask questions of a local monk about India's spiritual and cultural history.

January 17<sup>th</sup> Visit Bansgarh beauty spot, then Fossil Hill to see dinosaur fossils and for meditation, then Uma Nivas project for lunch, visit the children's home, and watch a music and dance performance. Return to the farm for dinner.

January 18<sup>th</sup>: Morning trip up Belamu Hill; back for lunch. Then Dimdiha Hill to see the nine cakra cave. Back to the farm for dinner.

January 19<sup>th</sup>: River hike and meditation, picnic lunch, visiting the local school projects. Leave 3:00 afternoon to catch the super-express Shatabdi train. Dinner on the train. Arrival 9 PM into Kolkata. Check into the hotel and sleep.

January 20<sup>th</sup>: Visiting Mother Teresa's Centre. Lunch at the local Hare Krsna restaurant. Visiting New Market and Sudder Street, dinner at a restaurant, some local night life.

January 21<sup>st</sup>: Visit a Kolkata Children's home and stay for lunch. Afternoon activity options: The Marble Palace, a walk over the Vidyasagar Setu Bridge, touring the old city. Dinner at a restaurant. Departure is 21<sup>st</sup> night, for those taking a night flight. Others return to the hotel.

January 22<sup>st</sup>: Early breakfast and departure.